

GRASS VALLEY
 FRIENDS MEETING
Of the Religious Society of Friends
College Park Quarterly Meeting,
Pacific Yearly Meeting

13075 Woolman Lane, Nevada City, CA 95959 @
 The Sierra Friends Center, off Jones Bar Road,
 Nevada City, CA 95959

Website: www.gvfriends.org
 Email: grassvalleyfriends@gmail.com

First Days: 9:00am Singing at the Meeting House (in-person and zoom)
10:00 am Silent Meeting for Worship (in-person and zoom)
 To receive the zoom link, grassvalleyfriends@gmail.com.

Newsletter, Fourth Month, 2023

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MEETING CALENDAR

First Sunday

- Program to be announced.

Second Sunday

- Hybrid Silent Meeting for Worship Meeting, Potluck and for Worship on the Occasion of Business – See page 2 for April exception.

Fifth Sunday

- On Fifth Sundays we hold a Family Meeting for Worship. *Children and adults gather and spend 20 minutes in storytelling, 20 minutes in singing and 20 minutes in silent worship.*

Third Sunday

- Program to be announced.

Fourth Sunday

- Spiritual Life

- ✚ 1st First Day: Bible Story and Song
- ✚ 2nd First Day: A Story and a Craft or Activity
- ✚ 3rd First Day: A Story plus Time for Silent Worship
- ✚ 4th First Day: A Creative, Topical Curriculum
- ✚ 5th First Day: Family Worship (a story, singing and silent worship)
- ✚ Online Worship: every Wednesday evening, 7:00-7:30 pm

HAPPENING NOW

- **Sunday, April 16, 2023** GVFM Potluck – After the rise of Meeting
- **Sunday, April 16, 2023** GVFM Meeting for Worship on the Occasion of Business 11:45a.m. .
- **Sunday, April 23, 2023, 11:30a.m.** - Spiritual Life Program – *Braiding Sweetgrass, Part II*, (Please read article, page 13 of the Second Month edition of this newsletter preparation for this program.)
- PacYM April 2023 Offerings – See page 9

HAPPENING LATER

- **Sunday, May 21, 2023, 11:30a.m.** – Spirit Life Program - *Living and Worshipping as Quakers on Nisena land*. See page 7.
- Spring Programs at Woolman – See page 13
- **September 29 – October 1, 2023** – Woolman Home Coming. See page 9.
- College Park Quarterly Meeting - 2023
 - * May 19 - 21 (Fri-Sun)
 - *October 13 - 15 (Fri-Sun)
- PacYM Annual Session, Mount Madonna Center: July 21 – 26, 2024
- Friends General Conference “Listen So That We May Live”: July 2 -2, 2023; Western Oregon Univ.

GLOSSARY- Abbreviations and terms used in the GVFM newsletter.

SFC: Sierra Friends Center

M&O: Ministry and Oversight

PacYM: Pacific Yearly Meeting

PHP – Pendle Hill Pamphlet

FGC: Friends General Conference

QUNP: Quaker United Nations Project

FASE: Friends Association for Services to the Elderly

CPQM: College Park Quarterly Meeting

RSWR: Right Sharing of World Resource

UwN: Unity with Nature

Threshing Session: A meeting at a separate time specifically not for decision-making; normal practices of a Quaker meeting for business are relaxed so that Friends may speak more than once to an issue, speak to a point just made, or ask a question of a previous speaker.

Query: The Friends practice of examining our souls and seeking clarity. These questions & exercises help to give time to seek truth about ourselves and our spiritual condition and to tap into Divine insight.

[Grass Valley Friends Meeting Facebook link](#)

GRASS VALLEY FRIENDS MEETING: Meeting for Worship on the Occasion of Business, April 16, 2023, Minutes and Record

We met in a hybrid meeting on Zoom and in person.

Present:

Dean Olson, clerk; Amy Cooke, Chamba Cooke, Dorothy Henderson, Doug Hamm, Kathy McCreery, fosten wilson, Dianne Marshall, Marilyn Guida, Sharon Davisson, Judy Hamilton, Mary Starr, Gordon Starr.

The Meeting opened with silent worship.

Clerks' Remarks and Query:

The clerk opened the Meeting with a reflection on Henry David Thoreau's thoughts about walking.

"A township where one primitive forest waves above while another primitive forest rots below, --such a town is fitted to raise not only corn and potatoes, but poets and philosophers for the coming ages. In such a soil grew Homer and Confucius and the rest, and out of such a wilderness comes the Reformer eating locusts and wild honey." - Henry David Thoreau

In one word or a couple of words, what is one thing that startled you, or struck you, or moved you this week.

Friends spoke out of the silence.

- The wildlife that grows in our yard.
- Kids coming to visit and seeing the green surrounding the house - like a green lawn - unusual.

Very beautiful, but also very temporary.

- A very helpful young lady at Foothills Mailbox.
- A thought came that everything that I did, including my spiritual life, is perfect.
- Stunned at the instant village that was created this week to put up the tents at Woolman.
- Hopeful at the signs of reconciliation - Yemen, Iran, Saudi Arabia.
- Surprised at receiving love in the same way as seeing it in the face of children.
- Moved in the presence of young Friends and having participated in meetings with them.
- The Great Awakening that is happening to us all is profound and incredibly hopeful.

Action Items and Seasoning:

- Nominating: Stuart Smith

Minute 2023.04.01: Grass Valley Friends Meeting approves the nomination of Stuart Smith to serve on the Spirit and Witness Committee, effective immediately.

- Meeting for Business Minutes and Record, Third Month 2023: The minutes were approved as published in the newsletter.

COMMITTEE REPORTS

(see reports appended, committee clerk is noted in bold)

STEWARDSHIP: **Mary Starr** (clerk), Pat Phillips, Reed Hamilton, Gordon Starr, Doug Hamm. Dianne Marshall (ex-officio, Newsletter editor), Fosten Wilson (ex-officio, Treasurer), Don McCormick (ex-officio, Librarian)

Mary Starr gave the report, appended.

Fosten reported on the status of pursuing a 501(c)3 for the Meeting. We need the 501(c) 3 status to accept funds from banks that have a fund set up for charitable contributions. The committee will continue to research this issue.

It was clarified that an annual contribution to CHIRP (the Nisenan tribe) is acceptable to the tribe. We understand that this contribution is dependent upon sufficient funds being available at the end of our fiscal year. Individuals in the Meeting are encouraged to donate directly to CHIRP and are reminded that their donations to the Meeting allow us to meet all our contributions to the designated organizations we support. We were reminded that we cannot donate to specific line items in the budget, only to designated funds and the General Fund.

WELCOME: Kathy McCreery (clerk), Don McCormick, Pat Phillips, Karen Olson. Hailey Wilson (ex-officio, zoom coordinator), Amy Cooke (ex-officio, Website and Facebook coordinator), Judy Hamilton (ex-officio, email coordinator)

Kathy McCreery gave the report, appended.

Judy Hamilton read the organization report on Woolman at Sierra Friends Center, appended.

SPIRIT & WITNESS: Amy Cooke, Sharon Davisson, Reed Hamilton, Dorothy Henderson, Dean and Karen Olson (ex-officio co-clerks)

Dorothy Henderson gave the report, appended.

A suggestion was made that we host Rabbi Azen.

CHILDREN'S PROGRAM: Dorothy Henderson (clerk), Gordon Bishop, Doug Hamm, Judy Hamilton, Dean Olson, Karen Olson, Reed Hamilton, Don McCormick, Anita McCormick

Dorothy Henderson noted that the Children's Program has consistently provided a program every week. The Meeting sees the Program in action every week.

There is a field trip scheduled for April 29.

The committee is considering a monthly Teen Night, with pizza and a movie.

NOMINATING: (*terms as noted*) Dorothy Henderson (fulfilling Pat Phillips term): 2022-2023, Sharon Davisson, continuing: 2021-2023, **Judy Hamilton: 2022-2024**, Gordon Starr: 2022-2024

Judy Hamilton reported that the slate is in development for the 2023-24 year. They are bringing forward a new role, Tech Support. The slate will have its first reading at the May Meeting for Business.

OFFICER REPORTS

- **TREASURER:** Fosten Wilson (see Stewardship)

Fosten Wilson gave the report, appended.

It was noted that Tithely (the online donation service we use) has been useful, although their reporting function is not ideal.

- **SFC REPRESENTATIVE:** Pat Phillips

- **INTERFAITH NEVADA COUNTY:** Dianne Marshall

GVFM is hosting Interfaith Nevada County on May 18. The attendees will be given a tour of the campus after the meeting.

ANNOUNCEMENTS

- The Nevada County Planning Commission is opening public comments on the opening of the Idaho Maryland Mine in preparation for a May 10 public hearing. Please email Dean for more information.

- If you use Facebook, follow the Grass Valley Friends Meeting page, or join the Facebook Grass Valley Friends Meeting group. If you share a post from the page, your friends will see it, and it helps our visibility. Follow this [link](#).

- It is easy to give to Grass Valley Friends Meeting. Go to gvfriends.org and click on the Give button. This takes you to a secure site for donations. Please consider making your contribution monthly. Your contribution covers our Pacific Yearly Meeting dues and ensures that our activities as a Meeting are sustained. Thank you. Please note: Tithely now allows the user to change the dollar of their gift without making a new donation request.

- Sierra Friends Center has volunteer opportunities available. See www.woolman.org.

- The College Park Quarterly Meeting will gather May 19-21 at Quaker Center in Ben Lomond, CA (and online for some activities). The theme for this quarterly meeting will be “Nurturing the beloved community across the divide – digital, generational, ideological...” The flyer with more information is available by [clicking here](#). To register for the event, [click here](#).

- Pacific Yearly Meeting 2023 will be an on-ground gathering with opportunities for remote or online participation held at Mount Madonna Center July 21-26, 2023.

- There is a [new PacYM directory online](#). See Dean for the password.

- The 2023 [Friends General Conference Gathering](#), “Listen So That We May Live,” will be held at Western Oregon University in Monmouth, OR, from July 2-July 8, 2023.

- We need more people who would be willing to set up the tech system for meetings. Mary Starr is available for tutorials on setting up and putting away the OWL - just ask! She is very skilled and helpful. Please contact Mary if you can assist. You can also come at 8:45 am on any Sunday to observe the process. Thank you!!

ACTION ITEMS & ITEMS SEASONING

READING OF THE RECORD AND MINUTES

The record and the minutes were read, corrected and approved.

If you are giving a report to GVFM, please send the actual report to the recording clerk at grassvalleyfriends@gmail.com THE FRIDAY BEFORE MEETING FOR BUSINESS.

GVFM Newsletter Reminder: Please have items into Diane Marshall by Tuesday at 10 am.

The Meeting closed with silent worship.

Respectfully recorded by Amy Cooke, recording clerk.

Please ask Committee Clerks for copies of these reports:

1. Stewardship Committee
2. Welcome Committee
 - a. Organization Report: Sierra Friends Center
3. Spirit and Witness Committee
4. Children’s Program Committee
5. Treasurer's Quarterly Report

The Nisenan: We have been holding our Meeting’s relationship with the local Nisenan tribe with attention to how we can uphold their work to restore their federal recognition and visibility.

Sylvia Osman Memorial: We have begun work on Sylvia’s memorial minute. The Meeting for Memorial is pending. Sharon and Reed will work on the memorial minute with Judy.

Email and member/attender lists: We are reviewing the lists of those who want to stay in touch with our Meeting.

Respectfully submitted, Amy Cooke, Clerk, Spirit and Witness

Treasurer's Quarterly Report – April 15, 2023

summary = yikes !

We have yet to pay our annual dues to College Park Quarterly and to Pacific Yearly Meeting. Plus, in March our spending exceeded the contributions received. This is enough to cause your Treasurer to ask for – *help*.

More income is needed. The good news is that since October 1st the contributions received (\$7,875) have exceeded the spending from our General Fund (\$6,765), thank you.

Overall, we need a little increase in income. Our bank balance is still strong from the year when we did not pay rent (other than for the storage container).

The “Fund Balances” & the “Actual Spending vs Budget” reports are available in the Meeting House and by contacting me. Our Sharing Fund has been active. The other restricted funds are unchanged since December.

Thank you for your help. All gifts, those in service to the Meeting & financial are deeply appreciated.

Fosten Wilson, Treasurer, Grass Valley Friends Meeting, new email = fwkm@protonmail.com

Please contact Fosten directly if you wish to see the *Fund Balance Report* and the *General Fund – Actual vs Budget Report*. Thank you.

Queries and Advices – Fourth Month ~ The Meeting Community

Meetings for Worship and Business are the center of our spiritual community. There, as we come to know each other in the Spirit, we build the “beloved community.”

Mutual respect and care in the Meeting form the foundation from which we can test, support, and exercise leadings of the Spirit. At its best, the Meeting community provides a framework for us to learn and practice mutual care, which strengthens us as we act in the world.

All members of the Meeting community should share in the care of one another. While respecting privacy, we must be aware of and sensitive to each other's needs. We must also be willing to ask for assistance when we are in need.

Do I strive to be inclusive in my relationships within the Meeting?

Do I care for the reputation of others, refraining from gossip or disparaging remarks?

Am I committed to the difficult work of forgiveness, and affirming God's love for the whole community?

How are love and unity maintained among us?

Do we practice the art of listening, even beyond words?

How have we been sensitive to the personal needs and difficulties of members and attenders, young and old?

Do we visit one another in our homes and keep in touch with distant members?



Nisenan Land Acknowledgment

We acknowledge the Nisenan people are still here among us today, though they are nearly invisible, and their story continues to be excluded from history.

We understand we are on Nisenan land that was never ceded, and the original tribal families have yet to recover from the near genocide of their people.

As a resident or visitor in Nisenan land, we support the Nevada City Rancheria Nisenan tribe in efforts to stabilize their people as well as the campaign to restore tribal sovereignty through federal recognition.

May 21, 2023, Spirit Life Program: Living and Worshipping as Quakers on Nisenan land

presented by Marilyn Guida and Dorothy Henderson

The meeting house of Grass Valley Friends is located at Sierra Friends Center in Nevada City on Nisenan land, land that was never ceded. Over the past two years, we have been educated about what this means to the Nisenan and to our meeting.

In this presentation we will offer a brief recap of where we have come, and then open ourselves to where we might be going. We will use Worship-sharing queries to explore how and where our faith and practice, our spirit and witness, is leading us.

Proposal from Spirit & Witness: Grounding our Witness in Spirit

When a person or group in our Meeting has a nudge or leading to take action out of a spiritual discernment, the Spirit and Witness Committee is available for support.

These are the steps we suggest for those wanting to step forward into outward witness.

1. Bring the concern to Spirit and Witness: Email the S&W clerk and/or members of the S&W committee a description of the concern and any actions being discerned.
2. If part of the action is to form a group, the person with the concern can bring that request to the announcements part of Meeting.
3. If a group forms, it can become a Witness Committee under the care of S&W. This is similar to Care Committees, Clearness Committees, etc. The committee reports to S&W each month and their report becomes part of the report to the Meeting for Business.
4. The Spirit and Witness Committee clerk can post to the email tree, newsletter, Facebook page, etc on behalf of the Witness Committee

Support Grass Valley Friends Meeting!



This button will take you to a secure site.

It's easy to give to Grass Valley Friends Meeting! Click on the Give button above or go to gvfriends.org and click on the "GIVE" button. This takes you to a secure site for donations. Your monthly contribution covers our Pacific Yearly Meeting dues and ensures that our activities as a Meeting are sustained. *Tithely* now allows the user to change the dollar of their gift without making a new donation request. **Thank you.**

New Books in the Library

Children and Young Adult

Addicted to War by Joel Andreas

Time for Peace by Janet Ganguli

A World Full of Nature Stories by Angela McAllister

Lives of Friends (Biography and Autobiography)

The Fearless Benjamin Lay: The Quaker Dwarf Who Became the First Revolutionary Abolitionist by Marcus Rediker

Quaker History

Covered With Night: A Story of Murder and Indigenous Justice in Early America by Nicole Eustace

Pendle Hill Pamphlet

"Plain Talk about Dying: The Spiritual Effects of Taking My Father off Life Support"
by Shulamith Clearbridge

Social Justice

History of Us: Nisenan Tribe of the Nevada City Rancheria, edited by Tribal Chairman Richard B. Johnson

World Religions

Finding Jesus, Discovering Self: Passages to Healing and Wholeness by Caren Goldman and William Dole
Christianity After Religion: The End of Church and the Birth of a New Spiritual Awakening by Diana Butler Bass



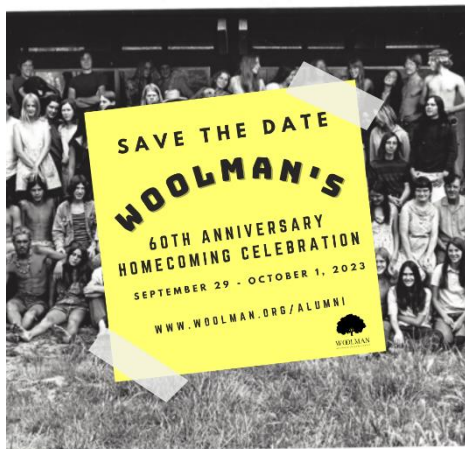
[Browse our collection of Pendle Hill Pamphlets here.](#)

[Browse our book collection here.](#)

Want to know more about the Doctrine of Discovery?

[Click here](#) To access the "200 Years of *Johnson v. M'Intosh: Law, Religion, and Native American Lands*" series.

Woolman Homecoming - Save the Date! September 29 – October 1, 2023



What is your greatest memory from the time you spent at Woolman? Was it playing music on the Dining Hall deck or swimming in Mel's Pond? Maybe it was working in the farm or sleeping in an A-frame cabin.

Whether you were a John Woolman School student, a Woolman Semester School student, a camper at Camp Woolman, a visitor, or a Friend, we're sure you have more than one fond memory from your time here!

**We invite you to a Homecoming Celebration to commemorate Woolman's 60 Year Anniversary
It will be a weekend full of community, (re)connection, sharing memories, and fun.**

More details will be available in the coming months. For now, please save the date and **[sign up here](#)** to receive additional information and registration details.

We hope to see you there!

Woolman 60 Year Anniversary Homecoming Celebration Planning Group

- Retreats Manager Shannon Boling
- Board Treasurer Dana Mallozzi, Class of 1996
- Board Member Jennifer Dickey, Class of 1978

More information: www.woolman.org/Alumni

"You can always give something, even if it is only kindness." Anne Frank

Pacific Yearly Meeting – April News

Note: All the events noted below (except for the FGC Gathering) will be held online via Zoom.

1. Friends General Conference (FGC) 2023 Gathering

Early registration for the [2023 Friends General Conference Annual Gathering](#) in Monmouth, Oregon, July 2-8, has now opened. The first round of registration is open until April 16 (those who register during this period will have an equal chance of getting their workshop choices).

2. Quaker Spirituality and Somatic Practices

Saturday, April 15, 10:30-12:00pm and 1:00-2:30pm

Presenter: Shannon Frediani (Santa Cruz)

Recognizing and countering the responses of trauma exposure is needed for navigating the multiple crises of our time (climate, war, racial and systemic injustice, covid, etc.).

Exploring and deepening comprehension of Quaker resonance practices and bridging them with modern scientific somatic practices. A brief introduction to trauma exposure resources.

Experiencing self-regulation and rebalancing somatic practices as a form of deepening Quaker practice for being instruments of peace.

Contact Linnea through 4/14 at linneachanson@gmail.com or on April 15 contact Heather at assistanttotheclerk@pacificyearlymeeting.org to register and receive the link.

3. Doctrine of Discovery: Unmasking the Domination Code

April 16 and April 30, 3:00-4:30pm

Presenter: Indigenous Concerns Subcommittee of Ministry Committee

This is the final showing of the film "The Doctrine of Discovery: Unmasking the Domination Code" and follow-up discussion. Contact lesliezd@reninet.com to register. Your Meeting can also arrange to have the two-part series come to you by contacting lesliezd@reninet.com

4. Trauma Resilience in Ukraine

April 29, 3:00-5:00pm or April 30, 9:00-11:00am

Friends Peace Teams (FPT) will be holding sessions to meet with a Ukrainian psychologist who has been working with FPT to aid Ukrainians and share updates with concerned Friends around the world.

Contact Julie at mtg4Worship@gmail.com to register to attend.

5. Friends World Committee for Consultation (FWCC) Southwest Gathering

May 6, 10:00am

Join us online for the FWCC Southwest Regional Gathering, a fully bilingual gathering of Friends from Intermountain Yearly Meeting, Pacific Yearly Meeting, and the Western Association of the Religious Society of Friends! Traveling Quaker minister Emily Provance will lead us in worshipful consideration of how to navigate gathering as Friends online.

6. Quaker Spiritual Practice, Ministry and Discipline of Eldering

Monday, May 15, 7:00-8:30pm

Recognizing the need among Friends to learn more about the Quaker spiritual practice, ministry, and discipline of eldering, the Eldering Subcommittee of the Ministry Committee invites you to an experiential interest group for that purpose. We will use passages from the book, personal stories, queries, and worship sharing to explore the new book, *An Invitation to Quaker Eldering: On Being Faithful to the Ministry of Spiritual Nurture Among Friends*. Please join us. Contact Nancy, nancyw76@icloud.com, to register for the link.

7. Apartheid-Free Meetings: Responding to Israeli Apartheid

Thursday, June 8, 5:00pm

Presenter: Dov Baum, AFSC Program Director

How can we respond to the heartbreaking news from Palestine / Israel and deepen our commitment to a world free of institutional racism, state violence, and apartheid? This workshop will present AFSC's new campaign "Apartheid-Free Communities," asking Meetings to commit to withdraw all our support of Israeli apartheid, military occupation, and settler colonialism.

Contact Heather, assistanttotheclerk@pacificyearlymeeting.org to register.

8. Pacific Yearly Meeting Speakers' Bureau

Have you ever wondered where to find a speaker who might shed light on some issue related to peace and social order? The Peace and Social Order Committee of Pacific Yearly Meeting is in the process of compiling a list of people within the Yearly Meeting who have experience/expertise in areas that deserve the attention of Friends - and who are willing to share their knowledge with other Friends. The list will be posted and updated on the Peace and Social Order page on the PacYM website, so that we can benefit from the gifts of Meetings around PacYM.

Friends are invited to send suggestions to Lawrence, aldersonld@gmail.com, and Betty, bguthrie42@gmail.com. After getting permission from potential speakers, please email Lawrence the person's name, the topic or area on which they could speak, and their preferred contact information.

9. Social Concerns Minutes

Please remember to send along any minutes of social concern that your Monthly Meeting, PacYM committee, or affinity group approves to the Pacific Yearly Meeting's Peace and Social Order Committee (peaceandsocialorderclerk@pacificyearlymeeting.org). The attached flyer tells how P&SO will publicize your group's work, so that it may be of use to the greater community. P&SO writes: "Social Concern Minutes are one way our voice of conscience can be made public. They are also a way in which we can express our ideals, witness and narrate the struggles of our time, and can hold ourselves more accountable. Providing hope and moral vision is never to be underestimated."

10. Pacific Yearly Meeting Annual Session Registration Team

We now have a full complement of Registrars for our Registration Team for Annual Session, thanks to our Young Adult Friends, Cedar and Henry, who will be mentored by veteran Lawrence Alderson.

Contact Heather at assistanttotheclerk@pacificyearlymeeting.org

Public Hearing

The Public Hearing for re-opening the Idaho Maryland Mine is scheduled at Rood Center in the auditorium Wednesday, May 10 from 9 am to 5 pm and Tuesday, May 11 starting at 9 am and going until finished.

You can get more information at www.NevadaCountyCA.gov/IMMRRISE. The mining company that has been working on securing this permit is Rise, and their campaign they call "Rise Grass Valley Project." The local organization that has spearheaded to not issue them a permit, so the mine could not be reopened, is MineWatch, that has a webpage and is on Facebook.

Through the county sight, you can also submit a public comment in writing that will be included with all the spoken comments May 10th and 11th.

"What I see everywhere in the world are ordinary people willing to confront despair, power, and incalculable odds in order to restore some semblance of grace, justice, and beauty to this world." Paul Hawken

In Case I Forget to Say It Enough by Rosemerry Wahtola Trommer

Thank you for this day made
of wind and rain and sun and the scent
of old-fashioned lilacs. Thank you

for the pond and the slippery tadpole
and the wild iris that opened beside the pond
last week, so pale, so nearly purple,

their stems already flagged and bent.
Thank you for the yellow morels hiding in the
field grass,
the ones we can only see when we are already

on our knees. And thank you for the humming
that rises out of the morning as if mornings
are simply reasons to hum. What a gift,

this being alive, this chance to encounter the
world.

What a gift, this being a witness to spring—
spring in everything. Spring in the way

that we greet each other. Spring in the way the
golden eagle
takes to the thermals and spirals up to where
we can barely see the great span of its wings.

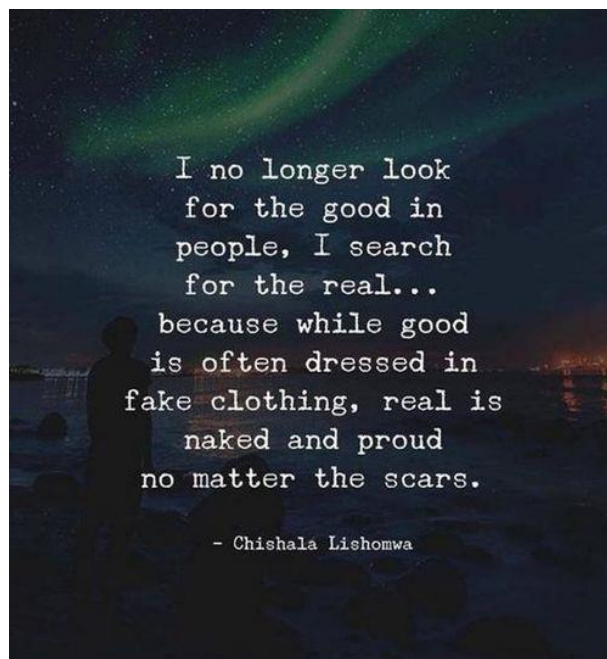
Spring in the words we have known
since our births. Like glory. Like celebrate.



COVID-19 POLICY:

Grass Valley Friends Meeting: Covid Policy as of May 15, 2022:

We are holding our hybrid program in the Meeting House and the Children's Program live and in person. OUR CURRENT COVID GUIDELINES: Masks are optional. There are no vaccination or distancing requirements. Coffee hour and potlucks have now resumed. We do ask that if you feel ill, that you take advantage of our Zoom option. These guidelines are subject to change, depending on Covid cases, virulence, and county mandates.



SPRING PROGRAMS at WOOLMAN

We are excited about our Spring Programs. Learn about and register for upcoming programs, including **Wildflower Walks**, **Decolonizing Non-Violent Communication**, **Weekend Writers' Retreat**, **Cob Building**, and **Wilderness First Aid**.

...and don't forget to **secure your child's spot at Camp Woolman this summer!**

➤ Wildflower Walks

Enjoy a wildflower walk on Woolman's 240-acre campus with California Native Plant Society members and native plant enthusiasts! Bring your cameras, notebooks and pencils!

Click here to register for **Saturday, April 22 1:00 - 2:30 PM** with **Sandy Kewman**.

Click here to register for **Saturday, May 6 1:00 - 2:30 PM** with **Sandy Kewman** and **Ann Marie Snell**

Sliding Scale \$10 recommended (No one will be turned away.)

➤ Decolonizing Non-Violent Communication

This 4-hour virtual offering focuses on teaching Non-Violent Communication through a decolonized lens. Meenadchi is a facilitator and somatic practitioner whose DNVC practice lays the groundwork for unpacking internalized systems of oppression, divesting from shame, and finding radiance and care in our communication with ourselves and others. This workshop includes instruction, group work and reflection. Learn more about Meenadchi: www.meenadchi.com

Sat, May 13, 2023, 10:00 AM – 2:00 PM PDT ONLINE

Sliding scale: \$40-\$80

Register here to reserve your spot and to receive a Zoom link.

➤ Cob Building and Natural Finishes

Come help finish a kid-designed clay oven at Woolman, learn about cob construction and natural finishes with natural building expert Sophie Gell. All ages and skill levels welcome!

Saturday, May 20, 10:00 AM - 3:00 PM

This is a free workshop; donations are welcome. **Please RSVP to receive updates.**

➤ Wilderness First Aid

This is a hybrid course with the in-person portion of the course taking place on Woolman's campus **June 10 - 11**. Email Programs Director Morgan Street for registration information and to reserve your spot: morgans@woolman.org.

➤ Weekend Writers' Retreat

Writers of all experience levels and genres welcome at this writers' retreat on Woolman's campus. The program will combine group sessions with individual writing time.

Cost: \$275 per person; includes program, single-occupancy lodging, and meals.

Register here to reserve your spot.

Knitting for Peace

Philadelphia Yearly Meeting

Written on: APRIL 13, 2023

As bombs dropped on towns in Ukraine last February, people all over the world wanted to help in any way they could. Knitting for Peace is [Seaville Friends \(Quaker\) Meeting's](#) response to the loss currently experienced in Ukraine. We send them our love, our Light, and beautiful handmade gifts to keep them warm in the freezing months. We want them to know that they are not forgotten, and that they are important and supported by gifts of our hearts.

We can do that through our partnership with the Cape May County non-profit, [Cape May Shelters Lutsk](#). Lutsk is a city near the Polish border where Cape May resident, Vesna Palifrova's brother manages a shelter for Ukrainian refugees. As the violence continues, Zoran and Tatiana's role has expanded to assisting others throughout the country. Over the past year, [Cape May Shelters Lutsk](#) has provided them with donated funds, medical supplies, food, heaters, solar-powered lamps – and a thousand hats, scarves, and blankets knitted throughout Cape May County.

This is a person-to-person effort, including livestream communications and videos. No vague donations to unknown organizations: 100% of donations reach the people who need them in Ukraine. The bombs are still falling, and the need is still great. You can see some of the videos and pictures on the [Knitting for Peace Facebook page](#).

“What can you do when there's nothing you can do? You can knit!” — Anonymous

DONATE: If you or your Meeting are interested in offering your services — knitted or crocheted items, donations, locations for drop off, or if you'd like to talk with us further about this project — contact Anne at upenn07@gmail.com or Liz at lizabethshay@yahoo.com, or leave a message on the [Knitting for Peace Facebook page](#).

Or mail deductible donations to:
Seaville Friends Meeting
3088 Shore Rd
Ocean View, NJ
08230

“Never doubt that a small group of thoughtful, committed citizens can change the world; indeed. It's the only thing that ever has.” — Margaret Mead

To help defray the very real costs of shipping to Ukraine, please write KNITTING in the comments.



Knitted Blankets, Hats, Toys



Knitted Hats



Delivery!

Grass Valley Friends Meeting Contact Information (7-1-22)

OFFICERS:

1. **Clerk of the Meeting:** Co-Clerks – Dean and Karen Olson (530) 270-9366
deanolson44@gmail.com
2. **Treasurer:** Fosten Wilson (530)265-6533
fwkm@protonmail.com
3. **Recording Clerk:** Amy Cooke,
amylisette@gmail.com (530)559-9158
4. **Communication/Email Coordinator:** Judy Hamilton
judywestonhamilton@gmail.com (530) 277-8818
5. **Directory Coordinator:** Nancy Anderson (530-364-8351) ntowhee@gmail.com
6. **Directory Clerk:** Nancy Anderson (530-364-8351) ntowhee@gmail.com
7. **Librarian:** Don McCormick
donmccormick2@gmail.com (310)597-9469
8. **Mail Clerk:** Dean Olson (530)270-9366
deanolson44@gmail.com
9. **Newsletter Editor:** Dianne Marshall
dmarshall@pacific.net, 530-274-1922
10. **Newsletter Distribution:** Pat Phillips 530-913-1338
pephillips1949@gmail.com
11. **Newsletter Reader:** Karen Olson
deanolson44@hotmail.com
12. **Placer County Worship Group:** Stuart Smith
sewsmitharts@yahoo.com 916-663-3539
13. **Recorder:** Nancy Anderson (530-364-8351)
ntowhee@gmail.com
14. **Sierra Friends Center:** Dean Olson (530)270-9366
deanolson44@gmail.com
15. **Treasurer:** Fosten Wilson, (530) 265-6533,
fostenw@yahoo.com
16. **Website/Facebook Coordinator:** Amy Cooke
amylisette@gmail.com (530)559-9158
17. **Zoom Coordinators:** Hailey Wilson
seahorseleaf@protonmail.com, Stuart Smith
sewsmitharts@yahoo.com (916) 663-3539

REPRESENTATIVES:

- | | | |
|--------------------------------|------------------------|--|
| 1. College Park ¼ ly Doug Hamm | 3. PYM: Doug Hamm | 6. SFC: Pat Phillips |
| 2. FCNL: Sharon Davisson | 4. QUNO: Shera Banbury | 7. INC: Dianne Marshall, Karen Olsen, Dean Olsen |
| 5. RSWR: Judy Hamilton | | |

COMMITTEES: (convener or clerk in bold)

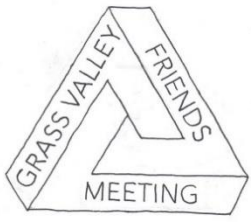
Stewardship: Mary Starr (current clerk), Pat Phillips, Reed Hamilton, Gordon Starr, Doug Hamm. Dianne Marshall (ex-officio, Newsletter editor), Fosten Wilson (ex-officio, Treasurer), Don McCormick (ex-officio, Librarian).

Welcoming: Kathy McCreery (current clerk), Don McCormick, Pat Phillips, Karen Olson. Hailey Wilson (ex-officio, zoom coordinator), Amy Cooke (ex-officio, Website and Facebook coordinator), Judy Hamilton (ex-officio, email coordinator)

Spirit/Witness: Stuart Smith, Amy Cooke (convener), Reed Hamilton, Sharon Davisson, Dorothy Henderson, Dean & Karen Olson (ex-officio, Co-clerks of GVFM)

Children's Program: Dorothy Henderson (current clerk), Gordon Bishop, Doug Hamm, Judy Hamilton, Dean Olson, Karen Olson, Reed Hamilton, Don McCormick, Anita McCormick.

Nominating Committee: Dorothy Henderson, Sharon Davisson, Judy Hamilton, Gordon Starr



13075 Woolman Lane,
Nevada City, CA 95959
Return Address Requested